Saleema Noon body science™

Workshop Formats

We are pleased to offer three Body Science workshop delivery options to choose from: -

1. In-person Workshops

A 90-minute live Zoom parent workshop is followed by in-person workshops for students.

Cost: $400 plus gst for parent workshop

$650 plus gst per full day with students

$450 plus gst per half day with students

Cost varies with size of school. For schools with one class per grade, one day with students is enough. For schools with more than one class per grade, two or more days with students are needed. Please note that ideal group size is two classes per workshop. Go to https://www.saleemanoon.com/body-science-at-school/ for workshop outlines.

Recommended schedule for student sessions (can be repeated for as many days as needed):

K and/or Gr.1: 9-9:30am (30 mins.)

Gr. 2 and/or Gr. 3: 9:35-10:15 (40 mins.)

- RECESS -

Gr. 4 and/or Gr. 5: 11:00am-12:00pm (60 mins.)

- LUNCH -

Gr. 6 and/or Gr. 7*: 1:00-2:15pm (75 mins.)

**Grade 4s and 5s can be addressed in two separate sessions at elementary schools where grade 6s and 7s are not present.*

2. Body Science Online in class followed by live Q and A session for students

A live Zoom parent workshop is followed by teachers sharing Body Science Online videos with students in their classroom during a specified week. Teachers collect questions from students (throughout recorded presentation and/or immediately after) and then Saleema or one of her team members join in-person or via live Zoom at a pre-determined time for a 30-minute Q and A session soon after the video presentation.

Cost: $400 plus gst for parent workshop

$650 plus gst for each full day of Q and A sessions with students

$450 plus gst for half day of Q and A with students

Recommended schedule for student sessions (can be repeated for as many days as needed):

Q and A session 1: 9-9:30am

Q and A session 2: 9:40-10:10

- RECESS -

Q and A session 3: 10:50am-11:20pm

Q and A session 4: 11:30am-12pm

- LUNCH -

Q and A session 5: 1:05-1:25pm

Q and A session 6: 1:30-2:00pm

Maximum six Q and A sessions per day. Cost varies with size of school. Please note that ideal group size is two classes per workshop. Go to https://www.saleemanoon.com/body-science-at-school/ for workshop outlines. Zoom or Microsoft Teams may be used for online Q and A sessions. For more information and a sneak peek at Body Science Online go to *https://learn.saleemanoon.com/pl/2147552250*

3. Just Body Science Online

Teachers and/or parents receive unlimited 30-day access to Body Science Online learning platform featuring pre-recorded, animated videos of Saleema delivering 5 separate workshops for:

- Parents
- Preschool-Grade 1 students
- Grade 2-3 students

- Grade 4-5 students
- Grade 6-7 students

Also included:

- Answers to most common questions in each age group
- Student activities
- Downloadable resources for parents

Cost:

Entire school access (teachers only): $1200 plus gst for 30-day access, $3000 for 90-day access

Entire school access (teachers and parents): $1600 plus gst for 30-day access

Primaries-only or Intermediates-only access (teachers only): $600 plus gst for 30-day access, $1500 for 90-day access

Primaries-only or Intermediates-only access (teachers and parents): $800 plus gst for 30-day access

These are self-directed programs with no participation from our educators. Live Zoom parent workshop may be added for $400 plus gst.

Please email Saleema at info@saleemanoon.com for district-wide discounts.

Let me if you have any questions or would like more information. Hope to see you soon!

Saleema and team 😎