

## Middle School Program

### Student Workshops

Topics include:

- Sexual consent and personal safety
- Review of anatomy and reproduction
- Media and porn literacy
- Emotional and physical responsibilities of a sexual relationship
- Understanding personal sexuality-related values, beliefs and boundaries
- Recognition that most teens are not sexually active
- Discussion of STIs and prevention
- Introduction to contraception (beyond condoms)
- Gender stereotypes, homophobia and transphobia
- The importance of taking responsibility on one's health (i.e. testicular self-examinations)
- Availability of community sexual health resources
- An understanding of healthy vs. unhealthy relationships

**COST: \$250 + GST** per 75-minute workshop (format), **\$600 + GST** for full day (includes three 75-minute workshops). *Additional charge for assembly format. Travel fee may apply.*

