High School Program

Student Workshops

Topics include:

- Anatomy and reproduction review
- Gender and sexual attraction
- Consent
- Smart sexual decision-making
- Physical and emotional responsibilities of a sexual relationship
- Different types of sexual activity and the responsibilities that come with each
- Contraception and Pregnancy
- Sexually Transmitted Infections (STIs)
- Recognition that most teens are not sexually active
- Availability of community sexual health resources
- Sexual health examinations, taking responsibility for one’s health
- An understanding of healthy vs. unhealthy relationships

Live questions will be accepted throughout, and further anonymous questions will be collected to answer at the end. COST: $250 +gst per 75-minute workshop, $575 +gst for full day (includes three 75-minute workshops). Additional fee for assembly format. Travel fee may apply.