

## READING LIST

### BOOKS FOR PARENTS

*The New Speaking of Sex: What Your Children Need to Know and When They Need to Know it.* By Meg Hickling, published by Northstone.

*Queen Bees and Wannabes.* By Rosalind Wiseman, published by Three Rivers Press.

*Breaking the Hush Factor: Ten Rules for Talking with Teenagers about Sex.* By Dr. Karen Rayne, published by Impetus Books.

*Talking to Your Kids About Sex.* By Dr. Laura Berman, published by DK.

*Helping Your Sexually Abused Child.* By Louise Doyle and Peta Hammersley, published by Act II Society, Vancouver, B.C.

*Grown Up Sex.* By Meg Hickling, published by Northstone.

### BOOKS FOR PRESCHOOL AND PRIMARY CHILDREN

*Boys, Girls and Body Science.* By Meg Hickling, published by Harbor Publishing.

*Outside In and See How You Grow.* By Clare Smallman, E. Riddell and Dr. Patricia Pearse, published by Newmarket.

*The Very Touching Book.* By Jan Hindman, published by Alex Andria Association.

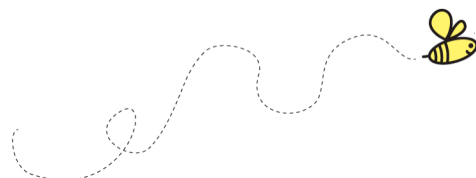
*What's the Big Secret? Talking about sex with girls and boys.* By Laurie and Marc Brown, published by Little.

*Where Did I Come From? and What's Happening To Me?* By Peter Mayle, published by Lyle Stuart (also available on DVD).

*Sex is a Funny Word.* By Cory Silverberg and Fiona Smyth, published by Seven Stories Press.

*Smart decisions start here.*

t 604.418.9417  
e [saleema@saleemanoon.com](mailto:saleema@saleemanoon.com)  
w [www.saleemanoon.com](http://www.saleemanoon.com)





## **BOOKS FOR CHILDREN IN PUBERTY**

*The Care and Keeping of You and other American Girl Series* for girls aged 8 and up. These books offer valuable support and guidance on a range emotional and academic issues associated with growing up.

*Am I Weird or Is This Normal?* By Marlin S. Potash and Laura Potash Fruitman, published by Fireside.

*The Body Book for Boys.* By Grace Norwich, published by Scholastic.

*The Boy's Body Book: Everything You Need to Know for Growing Up You.* By Kelli Dunham, published by Applesauce Press.

*It's Perfectly Normal: Changing Bodies, Growing Up and Sexual Health and It's Amazing!* By Robie H. Harris, published by Candlewick Press.

*The Looks Book: A Whole New Approach to Beauty, Body Image and Style.* By the creators of [www.gurl.com](http://www.gurl.com).

*My Body, Myself for Boys/My Body, Myself for Girls.* By Lynda and Area Madaras, published by Newmarket.

*Puberty Boy.* By Geoff Price, published by Allen and Unwin.

*Puberty Girl.* By Shushann Movsessian, published by Allen and Unwin.

*Stick Up For Yourself! Every Kid's Guide to Personal Power and Positive Self-Esteem.* By L. Raphael and G. Kaufman, published by Free Spirit.

*What's Happening To Me?* By Peter Mayle, published by Lyle Stuart.

*What's Happening to Me?* One book for boys, one book for girls. Published by Usborne Books. [www.usborne.com](http://www.usborne.com)

*All Made Up: A Girl's Guide to Seeing Through Celebrity Hype and Celebrating Real Beauty.* By Audrey D. Brashich, published by Walker.

## **MAGAZINES FOR GIRLS**

Discovery Girls, ages 8 and up [www.discoverygirls.com](http://www.discoverygirls.com)

American Girl, ages 7 and up [www.americangirl.com](http://www.americangirl.com)

New Moon, ages 8 and up, [www.newmoon.org](http://www.newmoon.org)



Vervegirl, ages 13 and up, [www.vervegirl.com](http://www.vervegirl.com)

## **BOOKS FOR TEENS**

*S.E.X.: The All-You-Need-To-Know Progressive Sexuality Guide to Get you Through High School and College.* By Heather Corinna, published by Da Capo Press.

*The Guy Book: A User's Manual.* By Mavis Jukes, published by Crown Books for Young Readers.

*Changing Bodies, Changing Lives: A Book For Teens on Sex and Relationships.* By Ruth Bell, published by Random House.

*Deal With It! A Whole New Approach to Your Body, Brain, and Life as a Gurl.* By E. Drill, H. McDonald, and R. Odes (the creators of [gurl.com](http://gurl.com)), published by Pocket Books

*The New Teenage Body Book.* By Kathy McCoy and Dr. Charles Wibbelsman, published by Simon and Schuster.

## **BOOKS CELEBRATING DIVERSE FAMILIES**

*The Different Dragon.* By Jennifer Bryan, published by Two Loves Publishing.

*While You Were Sleeping.* By Stephanie Burks, Little Man Publishing.

*Asha's Mums.* By Rosamund Elwin and Michell Paulse, published by Women's Press.

*Molly's Family.* By Nancy Garden, published by Straus and Giroux.

*How Would You Feel If You're Dad Was Gay?* By Ann Heron and M. Maran, published by Alyson Wonderland.

*Making Love Visible: In Celebration of Gay and Lesbian Families.* By Jean Swallow, published by The Crossing Press.